

Infection prevention and Blood donation

Please inform
the Blood Bank
of any event that
may render any prior
donation unsuitable
for transfusion

Please read
the following
information
carefully at
every visit

For further
information please
contact a nurse
or a doctor at the
Blood Bank

DO NOT DONATE IF:

1. You have received a transplant:
 - a. with animal tissue (xenotransplant)
 - b. with human tissue: cornea, dura mater or pituitary gland hormones (e.g. growth hormone).
2. You have a close relative who developed Creutzfeldt-Jakob Disease or other transmissible spongiform encephalopathy.
3. You are or may be HIV, HTLV or hepatitis B or C positive.
4. You have injected yourself with medicine or drugs, including bodybuilding drugs, without a physician's prescription, even if only once.
5. You are a male and have had sexual contact with another male.
6. You have received money or drugs for sex.
7. You have had any of the following infectious diseases: Chagas, Babesiosis or Kala-Azar.

You may withdraw from donating blood at any time without giving a reason.

BLOOD DONATION WILL BE DEFERRED AT LEAST 12 MONTHS IF:

- 🔴 You have had sexual contact with a person who is HIV, HTLV, hepatitis B or C positive.
- 🔴 You have had sexual contact with a person who has even only once:
 - a. received money or drugs for sex
 - b. injected him-/herself with medicine or drugs, including bodybuilding drugs without a physician's prescription.
- 🔴 You are a woman and have had a sexual contact with a male who has had sexual contact with another male.
- 🔴 You have been raped.

BLOOD DONATION WILL BE DEFERRED AT LEAST 6 MONTHS IF:

- 🔴 You have been in close household contact with anyone infected with hepatitis B.
- 🔴 You have had an endoscopy with flexible instruments i.e. gastro-/colonoscopy.
- 🔴 You have had a tattoo, or any other body piercing i.e. electrolysis or semi-permanent make-up.
- 🔴 You have had an acupuncture treatment not performed by a doctor, nurse, midwife or physiotherapist.
- 🔴 You have had an accidental injury involving a needle and/or mucus membrane exposure to body fluids.
- 🔴 You have had a blood transfusion or human tissue graft other than: corneal, dura mater or growth hormone.

TO BEAR IN MIND:

- 🔴 Blood samples are taken every time you donate and are tested for HIV and hepatitis B and C.
- 🔴 It is not guaranteed that infection markers are detected, even in an infected donor. That is the reason for the detailed health questions.
- 🔴 If infection markers are detected, the blood donor is contacted, permanently deferred from donating blood and the blood unit discarded.
- 🔴 Do not donate blood with the intention to be tested for a possible hepatitis or HIV infection. Contact a primary healthcare center, or an outpatient clinic at Landspítali.

Persons, whose behavior, activity or sexual practices place them at risk of acquiring severe infectious diseases that may be transmitted by blood, are considered being in a risk group.